### Summer Athletics Recommendations

**Opening Up America Again:**
https://www.whitehouse.gov/openingamerica/

<table>
<thead>
<tr>
<th>Social Distancing</th>
<th>Summer activities such as utilizing aquatic facilities, community centers, fitness centers, libraries, organized athletics, and camps can occur and should work to maintain social distancing between family units.</th>
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</table>
| **Procedures**    | • Adjustments should be made to mitigate risks of contracting COVID-19:  
|                   |   o Limit number of participants at an event  
|                   |   o Space out game times  
|                   |   o Space out spectators (6ft)  
|                   |   o Space out players  
|                   |   o Increase sanitation measures  
|                   |   o Everyone should bring and use their own equipment  
|                   |   o Clean commonly used spaces more frequently: benches, restrooms, etc.  
|                   | • If a player, parent, or participants is sick, they should stay home and contact their medical provider.  
|                   | • Consider COVID-19 prevention signage and reminders for players, parents, and participants.  
|                   | • Minimize travel; especially to areas with ongoing community transmission.  
|                   | • Continue to practice good hygiene, including:  
|                   |   ➢ Washing hands with soap and water, or using hand sanitizer, especially after touching frequently used items or surfaces;  
|                   |   ➢ Avoiding touching your face;  
|                   |   ➢ Sneezing or coughing into a tissue, or the inside of your elbow or shirt; and  
|                   |   ➢ Disinfecting frequently used items and surfaces as much as possible. |


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**Narrative:** For specific items not listed, common sense would dictate to err on the side of protecting the public.