



Individual Recommendations

Opening Up America Again:

<https://www.whitehouse.gov/openingamerica/>



Social Distancing	<ul style="list-style-type: none">• Avoid socializing in groups that do not readily allow for appropriate physical distancing (receptions, trade shows, etc.).• When in public, individuals should maximize physical distance from others.• Household family units should maintain six-foot distance from others at all times.• Elderly or otherwise vulnerable populations should take strict precautions to prevent illness: https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/older-adults.html
Procedures	<ul style="list-style-type: none">• If you are sick, stay home and contact your medical provider.• Strongly consider using face coverings while in public.• Minimize nonessential travel; especially to areas with ongoing community transmission.• Continue to practice good hygiene, including:<ul style="list-style-type: none">➤ Washing hands with soap and water, or using hand sanitizer, especially after touching frequently used items or surfaces;➤ Avoiding touching your face;➤ Sneezing or coughing into a tissue, or the inside of your elbow or shirt; and➤ Disinfecting frequently used items and surfaces as much as possible.

CDC guidance: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/index.html>

Narrative: For specific items not listed, common sense would dictate to err on the side of protecting the public.